

CELEBRATION OF PUBLIC HEALTH DAYS

DEPARTMENT OF COMMUNITY MEDICINE

WORLD LEPROSY DAY-30 JANUARY 2025

On World Leprosy Day 2025, themed “Unite. Act. Eliminate Leprosy,” activities included a home visit to a treated patient for family motivation, a health talk at Anganwadi Centre Dhaki-1, and an oath ceremony at CHC Sahaspur with staff and the leprosy worker, emphasizing collective action against leprosy.



WORLD CANCER DAY-4 FEBRUARY 2025

A health talk focused on cancer awareness, prevention, and early detection was held at the Community Centre. The goal of the session was to educate the local population on cancer, provide valuable information about prevention strategies, and emphasize the importance of early detection through screenings and self-exams. and pamphlets were also distributed.



DRIVE FOR 100 DAY TB PROGRAMME

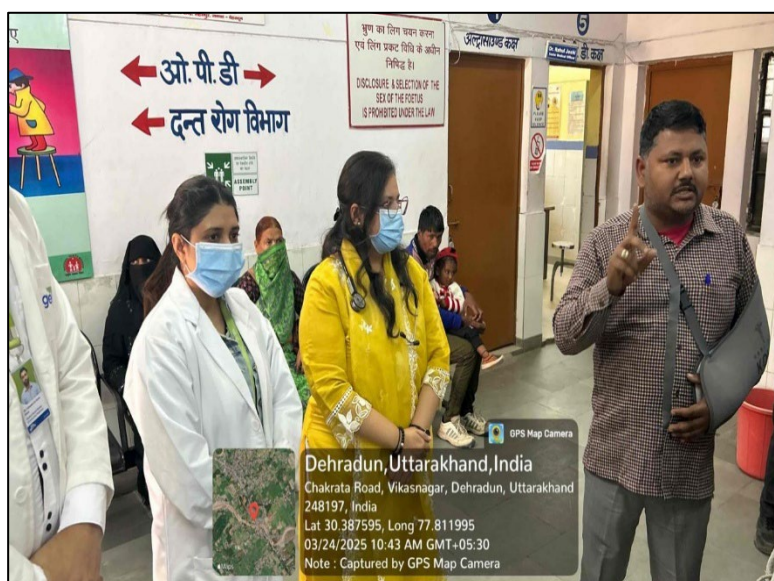
Date: 17 February 2025

A TB awareness drive was conducted in alliance with the health staff at Health and Wellness Centre, Dhaki, under CHC, Sahaspur.

Pamphlets were distributed and programme-related benefits were spread to the public.

WORLD TB DAY: 24 MARCH 2025

On World Tuberculosis Day, the Department of Community Medicine organized a health talk and role play at the DOTS Centre, **CHC Sahaspur**, to raise TB awareness. Guided by Dr. Sachin Palve (Prof. & Head) and coordinated by Dr. Teesta Gusain, the program involved TB health visitors, NGO representatives, and staff highlighting TB symptoms, prevention, and early treatment, while encouraging preventive therapy for caregivers.



WORLD HEALTH DAY: 7 APRIL 2025

World Health Day 2025 on 7th April under the theme “Healthy Beginning, Hopeful Future.” The event featured student role plays on public health, awareness stalls, and interactive sessions. ASHA workers were specially honored with certificates and gifts for their dedicated service. The celebration highlighted health rights, community well-being, and reinforced the message of “Health for All.”



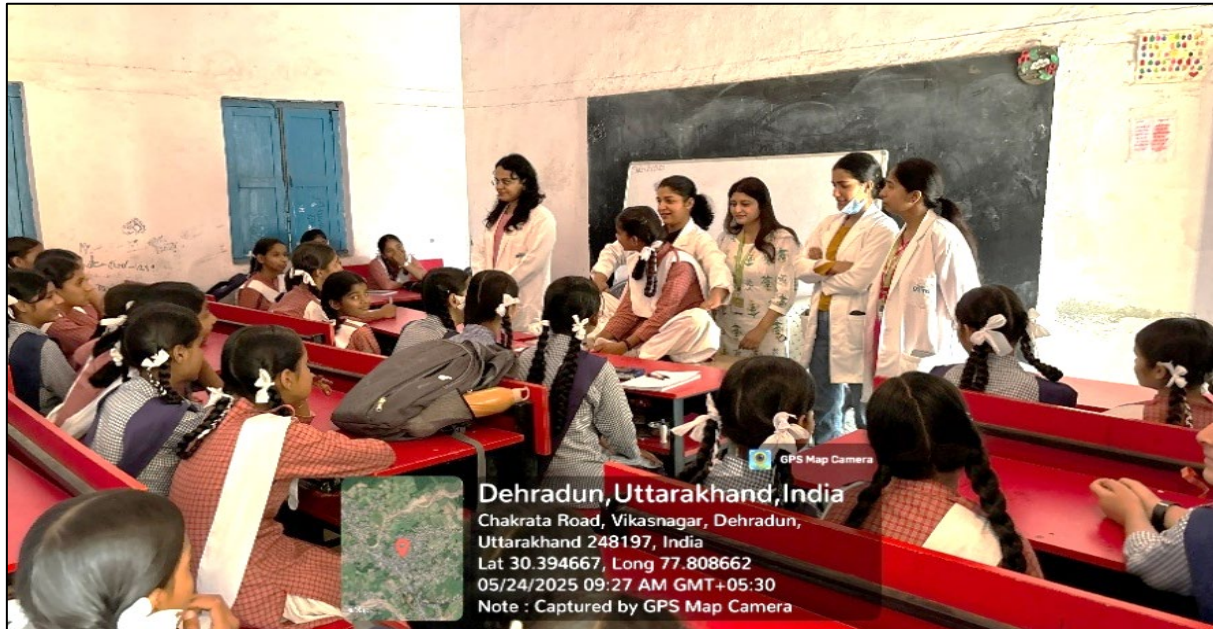
WORLD MALARIA DAY: 25 APRIL 2025

The Department of Community Medicine, Graphic Era Institute of Medical Sciences, Dehradun, organized a World Malaria Day awareness session at Government Primary School (Rajkiye Prathamik Vidyalaya), Dhaki. Faculty Dr. Teesta and Dr. Priyanka, along with health workers Ms. Gazala and Mr. Faheem, educated students on malaria and dengue prevention through storytelling, conducted a quiz with rewards, and concluded with an oath to combat malaria and mosquito breeding.



MENSTRUAL HYGIENE DAY CELEBRATION- 25 MAY 2025

On World Menstrual Hygiene Day, a health awareness program was held at Girls Madhyamik School, Redapur, Sahaspur. The session focused on educating adolescent girls about menstrual hygiene, addressing taboos, and encouraging safe practices for improved health and well-being.



WORLD NO TOBACCO DAY-31 MAY 2025

The Department of Community Medicine observed World No Tobacco Day on 31st May 2025 with the theme “Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products.” Activities included a health talk at UHTC, an anti-tobacco pledge, a community rally, and academic events such as poster-making, debates, and film screening. With over 170 students participating, the program, graced by Dean Dr. Sundar Lal Jethani, concluded with prize distribution and a vote of thanks, marking a highly successful awareness initiative.



WORLD ENVIRONMENTAL DAY- 5 JUNE 2025

World Environment Day, observed annually on 5th June to promote environmental awareness and action, was celebrated with the theme “Beat Plastic Pollution.” At RHTC Dhaki, tree plantation was carried out in open fields and at the Anganwadi centre by Dr. B. Sudha Spandana with support from Mr. Faheem (MSW), Ms. Gazala (HI), Ms. Twinkle, and Ms. Rajini (ANMs). At UHTC Seemadwar, a cleanliness drive was organized in Indira Nagar by Dr. Abhinav Pundir with assistance from Mr. Mukesh Kumar (HI), Ms. Mamta (PHN), Ms. Divya, and Ms. Geeta (ANMs).



HARELA DAY CELEBRATION (PLANTATION DRIVE)

The Department of Community Medicine celebrated Harela Diwas on July 16, 2025, with plantation drives at Dhaki village, where faculty, residents, and healthcare workers planted litchi, mango, and guava saplings while engaging the community in environmental awareness activities. In Seemadwar, the event was held at the Government Primary School with the presence of the MLA, Principal, and Medical Officer of UPHC, and featured a cultural program by the students.



WORLD BREASTFEEDING WEEK (AUGUST 1-7)

As part of World Breastfeeding Week (1–7 August), health talks were conducted at Shastri Nagar Khala Anganwadi and Subcentre, Dhaki Village, to promote awareness of the benefits of breastfeeding, exclusive breastfeeding, proper latching techniques, and the role of community support. The sessions were led by faculty and outreach health workers with active participation from interns.



RABIES DAY- 28 SEP 2025

On World Rabies Day, the Department of Community Medicine held a health talk at UHTC Seemadwar, focusing on rabies prevention and management. The session highlighted the importance of timely vaccination, safe practices after animal bites, and raising community awareness.

